## RUTGERS University Behavioral Health Care

#### **Dis{RU}pt Trauma Conference 2020** "LET UP" on cultural bias: A systematic approach to reducing bias in an evolving healthcare setting

Join us for a captivating behavioral health event featuring trauma field experts:

## Dr. Dana E. Crawford, PhD & Dr. Kirby Wycoff, PsyD

### Moderated by Dr. Kelly Moore, PsyD

# This conference will be offered virtually as a <u>3 Session Series</u> via WebEX

<u>Target Audience:</u> physicians, physician assistants, nursing, psychologists, professional counselors, social workers and all integrative healthcare professionals.

Instruction methods: Interactive lecture, panel discussion, in vivo tweeting and home-study exercises.



LET UP (Listen, Empathize, Tell your story, Understand, and Psychoeducate) as a method to address cultural biases in an evolving and multi-platform healthcare setting.

#### Monday, June 1, 2020 Monday, June 8, 2020 Monday, June 15, 2020

#### All sessions will be held from 11:30 am -1 pm via WebEx

\*Your virtual experience in the participation of this conference will be heavily influenced by your individual internet access capabilities\*

#### This program was made possible by The Children's Center for Resilience and Trauma Recovery

https://rukidsrresilient.org/

Rutgers UBHC gratefully acknowledges the sponsorship of this program by SAMHSA - Substance Abuse and Mental Health Services Administration U.S. Department of Health and Human Services

#### https://rutgers.cloud-cme.com/disrupttrauma2020



**Dana E. Crawford, PhD**, is an Attending Psychologist at the Comprehensive Health Care Center (CHCC), Director of the Trauma-Informed Care Program and Director of Education and Training for the Pediatric Behavioral Health Integration Program at Children's Hospital at Montefiore. Dr. Crawford is also an Assistant Professor of Pediatrics at our Albert Einstein College of Medicine. Her clinical focus is on trauma, somatic symptoms, disruptive behaviors and anxiety.

Dr. Crawford's research focus is primarily on trauma, culture competency, and the development of culturally relevant interventions. She has created the culture-based countertransference model used to train providers and staff in the identification and reduction of unconscious bias, prejudice, and racism. She is trained in clinical hypnosis, biofeedback, and alpha stimulation technology. Please view Dr. Crawford's most recent webinar addressing staff anxiety, bias and COVID 19 <u>here</u>.



**Kirby L. Wycoff, PsyD,** is currently the Principal Investigator on a CBPR project with a Community-Based Maternal and Child Health Consortium focused on exploring the needs of young, minoritized mother's and their children in at-risk communities.

She is a co-chair of the National Association of School Psychology Maltreatment and Trauma Interest Group

where she and her colleagues are leading efforts to create a national needs assessment to assess the trauma-related training and needs of school psychologists across the country. She and those same colleagues completed a national pilot study examining this topic, which is currently in publication in the peer-reviewed Journal of Applied School Psychology.

Dr. Wycoff is also Co-Principal investigator (Co-PI's Dr. Thomas Conroy and Dr. Alex Briesacher) on a multi-year research project in an Urban New England city examining school expulsion practices, disproportionality, teacher perceptions and trauma-informed practices in the public school system. Dr. Wycoff is the first author (with Dr. Bettina Franzese) on a book for Wiley's Essentials Series titled <u>"Trauma-Informed Assessment and Intervention in School and Community Settings"</u>.



**Kelly N. Moore, PsyD** is a clinical psychologist licensed in New Jersey and Pennsylvania. She currently is the Principal Investigator and Program Manager for the Children's Center for Resilience and Trauma Recovery (CCRTR) - a SAMHSA funded, Category III Community Treatment and Service Center. This center works to provide training and consultation to mental health providers and advanced students in evidence-informed assessment and treatment of complex trauma in children ages 0-10, along with their caregivers.

Dr. Moore's clinical expertise is in the treatment of trauma and anxiety disorders in children and adolescents with a specialty in the treatment of PTSD and OCD. Additionally, Dr. Moore has worked in efforts to disseminate evidence-based treatments and develop trauma-focused programs in community mental health in Philadelphia and New Jersey. Her work has focused on identifying facilitators and overcoming barriers to implementation of evidence-informed practice. Dr. Moore received her PsyD in Clinical Psychology from Rutgers University and completed her predoctoral psychology internship at Rutgers UBHC's Child Therapeutic Day School and Office of Prevention Research. Following completion of her doctorate, Dr. Moore completed a two-year postdoctoral fellowship at the University of Pennsylvania at the Center for the Treatment and Study of Anxiety.

#### **Conference Fee: \$79**

<u>Click Here To Register</u>

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All sessions will be held virtually from 11:30 am -1 pm

#### Rutgers Health Rutgers University Behavioral Health Care (UBHC) Behavioral Research and Training Institute (BRTI)

This course meets the 3 hour requirement for social and cultural competence according to 13:44G-6.2 for New Jersey Social Workers during the 2018-2020 Licensing Cycle.

#### **Program Objectives:**

- Define implicit cultural bias, cultural reverence and cultural humility.
- Acknowledge and explore the ethical responsibilities of healthcare professionals providing services to historically oppressed and marginalized communities.
- Recognize the layered significance of trauma exposure in the therapeutic relationship for the care recipient and care provider.

- Examine and understand the current global healthcare challenges for marginalized groups within the present-day political climate.
- Identify 3 opportunities in your current scope of practice to reduce discrepancies in care.



In support of improving patient care, Rutgers Biomedical and Health Sciences is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE) and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare.

<u>Physicians:</u> Rutgers Biomedical and Health Sciences designates this live activity for a maximum of **5.0 AMA PRA Category 1 Credits**<sup>™</sup>.

Nurses: This activity is awarded 5.0 contact hours (60 min CH).



**Psychologists:** This course is approved for **5.0** CE Credits. Continuing Education (CE) Credits for Psychologists are provided through the cosponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.



**Social Workers:** As a Jointly Accredited Organization, Rutgers UBHC is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Rutgers UBHC maintains responsibility for this course. Social workers completing this course receive **5.0** cultural competency continuing education credits.



<u>Certified Counselors</u>: Rutgers University Behavioral Health Care has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6198. Programs that do not qualify for NBCC credit are clearly identified. Rutgers University Behavioral Health Care is solely responsible for all aspects of the program. (**5.0** Clock Hours)

**Social Workers (The New Jersey Board of Social Work Examiners):** This program is approved for social work continuing education hours by Rutgers University Behavioral Health Care in accordance with New Jersey administrative code 13:44G-6.4 and recognized by The New Jersey Board of Social Work Examiners. This program is approved for 5.0 continuing education hours and fulfills the NJ Social Work requirements for social and cultural competency.

